

Born 3 Eggs Celebrity Cooking Stage

Joy TV's Grapes & Hops Stage

BC Pork Butcher's Showcase Stage

FRIDAY

- 12:30 PM **GF** **Theresa Nicassio, PhD**
Inclusive Chef & Author of YUM
Plant Based Recipes for a Gluten Free Diet

- 1:30 PM **Brian Misko: House of Q**
Author & BBQ Specialist
Grilling with The House of Q

- 2:30 PM **GF** **Theresa Nicassio, PhD**
Inclusive Chef & Author of YUM
Plant Based Recipes for a Gluten Free Diet

- 3:30 PM **Chef Hidekazu Tojo**
Tojo Rolls & Hot Shrimp Salad
Owner & Chef: Tojo's Restaurant

- 4:30 PM **GF** **Bob Blumer, Gastronom**
Host of Food Networks
Glutton For Punishment

- 5:30 PM **Brian Misko: House of Q**
Author & BBQ Specialist
With Johnston's Pork

- 6:30 PM **GF** **Bob Blumer, Gastronom**
Host of Food Networks
Glutton For Punishment

- 7:30 PM **Chef Hidekazu Tojo**
How to make a Golden Roll
Owner & Chef: Tojo's Restaurant

- 8:15 PM **GF** **Chef Thompson Tran**
Nuoc Cham & benefits of Fermented Foods
Owner & Chef: The Wooden Boat



- 2:00 PM **Sniff, Swirl, Sip:
How to Taste Wine Like a Pro**
www.BetweenTheVines.ca
Presented by Kathleen Rake

- 4:00 PM **Beer 101: An Introduction to Beer**
Presented by Just Here For The Beer.com
Rick Mohabir

- 5:00 PM **From Steak to Scrambled Eggs:
This Food, That Wine**
www.BetweenTheVines.ca
Presented by Kathleen Rake

- 6:00 PM **Belgian Beers:
An Exploration of the Belgian Style**
Presented by Just Here For The Beer.com
Rick Mohabir

- 7:00 PM **Perfect Pairings: Wine & Cheese**
www.BetweenTheVines.ca
Presented by Kathleen Rake

- 8:00 PM **Ladies Night**
Presented by Just Here For The Beer.com
Rick Mohabir

- 1:45 PM **GF** **Magie Buchanan**
Himalayan Crystal Salt: An understanding of it
Okanagan Pink Salt Company

- 2:30 PM **GF** **Chef Hidekazu Tojo**
Master Carvings
Chef & Owner of Tojo's Restaurant

- 5:45 PM **GF** **Chef Hidekazu Tojo**
Master Carvings
Chef & Owner of Tojo's Restaurant

- 6:45 PM **GF** **Viktor Kozak, Sausage Maker**
The Art of Sausage Making
Sedo's Old Fashioned Butcher & Deli

- 7:15 PM **GF** **Glenn Pineau, Certified Ultra Premium Retailer of Oils**
Understanding Olive Oil
All of Oils allofoils.com



SATURDAY

- 10:30 AM **Nicole Mackie:** Chef, Salty Fig Catering Co
Springtime Brunch
Born 3 Eggs & BC Pork

- 11:30 AM **GF** **Chef Thompson Tran**
Nuoc Cham & benefits of Fermented Foods
Owner & Chef: The Wooden Boat

- 12:30 PM **Brian Misko: House of Q**
Author & BBQ Specialist
With Johnston's Pork

- 1:30 PM **Chef Dez, Culinary Host & Columnist**
Author of Cook Topless
Chef Dez Culinary Tours chefdez.com

- 2:30 PM **GF** **Bob Blumer, Gastronom**
Host of Food Networks
Glutton For Punishment

- 3:30 PM **Chef Hidekazu Tojo**
Northern Light Roll & Chicken Teriyaki
Owner & Chef: Tojo's Restaurant

- 4:15 PM **GF** **Theresa Nicassio, PhD**
Inclusive Chef & Author of YUM
Plant Based Recipes for a Gluten Free Diet

- 5:15 PM **GF** **Chefs Hamid Salimian**
Fresh Pasta with Pork Shoulder Chorizo
Nextjen Gluten Free

- 11:00 AM – 1:00 PM **Peoples Choice Sausage Tasting**

- 2:00 PM **Beer & Food Pairings That Work**
Presented by Just Here For The Beer.com
Rick Mohabir

- 3:00 PM **Perfect Pairings: Wine & Sausage**
www.BetweenTheVines.ca
Presented by Kathleen Rake

- 4:00 PM **Cider: An Intro to the creation of cider**
Presented by Just Here For The Beer.com
Rick Mohabir

- 5:00 PM **Sniff, Swirl, Sip:
How to Taste Wine Like a Pro**
www.BetweenTheVines.ca
Presented by Kathleen Rake

- 11:00 AM **GF** **Peoples Choice Tasting Begins**

- NOON **GF** **Chef Hidekazu Tojo**
Master Carver
Chef & Owner of Tojo's Restaurant

- 1:00 PM **GF** **Viktor Kozak, Sausage Maker**
The Art of Sausage Making
Sedo's Old Fashioned Butcher & Deli

- 2:00 PM **GF** **Chef Hidekazu Tojo**
Master Carver
Chef & Owner of Tojo's Restaurant

- 2:45 PM **GF** **Awards Presentation**
Hosted by Geraldine Austin of BC Pork
Passion for Pork

- 4:15 PM **GF** **Lettuce Wrap You Up Some BC Pork**
Creating Stars from Lesser known cuts
Chef Thompson Tran: The Wooden Boat



SUNDAY

- 11:30 AM **Nicole Mackie:** Chef, Salty Fig Catering Co
Inspiration for your Mothers Day Brunch
Born 3 Eggs & BC Pork

- 12:30 PM **GF** **Theresa Nicassio, PhD**
Inclusive Chef & Author of YUM
Plant Based Recipes For a Gluten Free Life

- 1:30 PM **Brian Misko: House of Q**
Author & BBQ Specialist
With Johnston's Pork

- 2:30 PM **GF** **Chef Jen Peters**
Fried Chicken with Spicy Maple Bacon Jam
Nextjen Gluten Free

- 3:15 PM **GF** **Theresa Nicassio, PhD**
Inclusive Chef & Author of YUM
Plant Based Recipes For a Gluten Free Life

- NOON **Beer & Food Pairings That Work**
Presented by Just Here For The Beer.com
Rick Mohabir

- 1:00 PM **Sniff, Swirl, Sip:
How to Taste Wine Like a Pro**
www.BetweenTheVines.ca
Presented by Kathleen Rake

- 2:00 PM **The Art of Cocktail Making**
Presented by Lauren Mote & Jonathan Chovancek
Bittered Sling.com

- 3:00 PM **Belgian Beers:
An Exploration of the Belgian Style**
Presented by Just Here For The Beer.com
Rick Mohabir

- 4:00 PM **BC vs. the World**
www.BetweenTheVines.ca
Presented by Kathleen Rake

- 12:15 PM **GF** **Dale Herbert, Master Butcher**
How many cuts/meals are in a Pork Loin?
Davis Meats

- 1:15 PM **GF** **Butchery 101**
With Roman Sanchez & Bonnie Windsor
Johnstons Pork

- 2:15 PM **GF** **Dale Herbert, Master Butcher**
Pork Belly, Spare Ribs, Crown Roast & Porchetta
Davis Meats

- 3:15 PM **GF** **Viktor Kozak, Sausage Maker**
The Art of Sausage Making
Sedo's Old Fashioned Butcher & Deli

- 4:15 PM **GF** **Lettuce Wrap You Up Some BC Pork**
Creating Stars from Lesser known cuts
Chef Thompson Tran: The Wooden Boat

GF Gluten-Free